



GREEK STREET FOOD IN ROME



LACTOSE-FREE



VEGAN



ZEUS 250G



VEGETARIAN

Follow Ilios



CHOOSE THE PITA MENU

PITA ✨ + FRIES + SAUCE + DRINK
(WATER, LOUX, PEPSI)

12,90 € ✨ CLASSIC PITA
 ✨ WHOLE WHEAT PITA + 2,00€
 15,90 € WITH SMALL BEER
 16,90 € WITH MEDIUM BEER

16,80 € GLUTEN FREE MENU
 20,80 € WITH GLUTEN-FREE BEER

MEZEDES

GLUTEN FREE

MOUSAKAS Eggplant, potato, beef ragù and béchamel bake	11,50 €	
✓ PATATINE FRITTE FRESCHE served with Ilios sauce, salt and oregano	5,50 €	
✓ DOLMADES 4PCS vine leaves stuffed with rice, served with tzatziki	7,50 €	
✓ FETA served with Kalamata olives, oil and oregano	5,90 €	
✓ KALAMATA GREEK OLIVES	4,90 €	
✓ REVITHOKEFTEDES 4PCS chickpea croquettes, served with tzatziki	7,50 €	
✓ KOLOKITHOKEFTEDES 4PCS zucchini & feta croquettes, served with tzatziki	7,50 €	
✓ TIROKEFTEDES 4PCS feta croquettes, served with lemon	7,50 €	
✓ MELITZANOKROKETES 4PCS eggplant & feta croquettes, served with tzatziki	7,50 €	
		GLUTEN FREE
✓ SANTORINI FAVA fava purée with red onion, lemon, olive; served with pita ✨	7,00 €	10,90 €
✓ GREEK SALAD tomatoes, cucumber, peppers, onions, feta, Kalamata olives; served with pita ✨	8,90€	12,80€
✓ SPANAKOTIROPITA 2PCS phyllo pastry ✨ with spinach and feta ✨	5,40€	

DISHES

GLUTEN FREE

ZEUS 250G Pork gyros, tzatziki sauce, pita ✨ Greek salad (without feta) and chips	13,90 €	17,80 €
POSEIDONE 200G Pork souvlaki/skewers, tzatziki sauce, pita ✨, Greek salad (without feta), and chips	13,90 €	17,80 €
ATHINA 250G Chicken gyros, tzatziki sauce, pita ✨ Greek salad (without feta) and chips	13,90 €	17,80 €
APOLLO 200G Chicken souvlaki/skewers, tzatziki sauce, pita ✨, Greek salad (without feta) and chips	13,90 €	17,80 €
AFRODITE 250G Bifteki / beef burger, tzatziki sauce, pita ✨, Greek salad (without feta), and fries	13,90 €	17,80 €
ILIOS 300G Pork gyros, 1 chicken souvlaki, 1 beef bifteki/burger, tzatziki sauce, pita ✨, Greek salad (without feta), and chips	16,90 €	20,80 €
✓ VEGAN DISHES 2 pcs dolmades + 2 pcs chickpea croquettes, melitzanosalata me piperies sauce, pita ✨ Greek salad (no feta) and fries	13,90 €	17,80 €
		GLUTEN FREE
KIDS DISH MENU MEAT + PITA + FRIES + DRINK Meat choice (pork/chicken/beef), pita ✨ and fries. Drink choice: water, Loux (orange/cola/lemonade), tea, ACE juice or Pepsi	10,90 €	14,80 €

BUILD YOUR PITA

STARTING FROM 6,90 €

❄️ PITA	● CLASSIC	● WHOLE W/HEAT + 2,00 €	● GLUTEN FREE + 3,90 €
MEAT	● PORK	● PORK	● BEEF
VEG	● VEGETARIAN + 0,60 €	● VEGAN + 0,60 €	
SAUCE	CHOOSE THE SAUCE YOU PREFER		
CONDIMENT	● TOMATO	● FRIES	● ONION
EXTRA	● FETA + 1,30 €	● BACON + 1,20 €	● SPICY + 0,90 €
	● HALLOUMI CHEESE + 2,90 €	● DOUBLE PITA + 3,00 €	

PITE

GLUTEN
FREE

KOS PORK GYROS 150G tzatziki sauce, tomato, onion, fries, pork loin & bacon	6,90 €	10,80 €
HYDRA CHICKEN GYROS 150G tzatziki sauce, tomato, onion, fries, chicken thigh	6,90 €	10,80 €
HIDRA MIX KOS CHICKEN GYROS + PORK GYROS 150G tzatziki sauce, tomato, onion, fries, chicken thigh, pork loin & bacon	6,90 €	10,80 €
SANTORINI BIFTEKI / BEEF BURGER PATTY 130G tzatziki sauce, tomato, onion, fries; seasoned beef with mint, onion & parsley	6,90 €	10,80 €
SANTORINI SPECIAL BIFTEKI / BEEF BURGER PATTY 130G tzatziki sauce, tomato, caramelized onion with mustard, bacon, melted cheese; seasoned beef burger with mint, onion & parsley	11,50 €	15,40 €
 CRETA SPECIAL tzatziki sauce, tomato, cucumber, onion, bell pepper & halloumi cheese	7,50 €	11,40 €
 MILOS melitzanosalata me piperies sauce, tomato, onion, fries & chickpea croquettes	7,50 €	11,40 €
PITA FIT CHICKEN POLLO 150G Greek yogurt, whole wheat pita, cucumber, tomato & chicken thigh	8,00 €	11,80 €

 Our pita bread is frozen.

ADD AN EXTRA TO YOUR PITA

FETA	+ 1,30 €
BACON	+ 1,20 €
SPICY	+ 0,90 €
HALLOUMI CHEESE	+ 2,90 €
DOUBLE PITA	+ 3,00 €

DOLCI

6,50 €

BAKLAVA
phyllo pastry  with walnuts,
almonds & cinnamon

KATAIFI
kataifi pastry  with almonds,
walnuts & cinnamon

GALAKTOBOUREKO
phyllo pastry  with semolina custard

GELATO GLUTEN
FREE
homemade ice cream
(only ILIOS COLLI ALBANI)

 **SOKOLATOPITA** GLUTEN
FREE
chocolate cake

YOGURT GLUTEN
FREE
honey, walnuts &
cinnamon

SAUCES

GLUTEN
FREE

 TZATZIKI greek yogurt, cucumber, garlic	4,50 €
 SKORDALIA potato purée, vinegar, garlic	
TARAMOSALATA cod roe, potato purée, oil, lemon	
 TIROKAFTERI grated feta, Greek yogurt, fresh chili	
 MELITZANOSALATA ME PIPERIES roasted eggplant & peppers	
 MELITZANOSALATA ME MAYO roasted eggplant & mayonnaise	
 MENTA E ANETO greek yogurt, mint, dill	
 PANTZAROSALATA beetroot, Greek yogurt, garlic	
 RED MAYO Greek yogurt sauce, sweet paprika, pickles & mayo	
 SALSA ILIOS greek yogurt, mayo & mustard	
 GREEK YOGURT	

ADD A PITA TO YOUR DIP

CLASSIC	+ 1,50 €
WHOLE WHEAT	+ 2,00 €
GLUTEN FREE	+ 3,90 €

DRINKS

SOFT DRINKS

LOUX arancia, limone, cola, gazosa	330ml / 2,50 €	
PEPSI MAX	330ml / 2,50 €	
PEPSI	330ml / 2,50 €	1,5L / 3,90 €
WATER	500ml / 1,50 €	1L / 2,50 €
LEMON TEA		2,50 €
PEACH TEA		2,50 €
ACE JUICE		2,50 €

WINES

GREEK WINE	glass / 3,50 €	
RETSINA	glass / 3,50 €	500ml / 6,00 €

BEERS

EZA PILSNER	330ml / 4,00 €	
FIX LAGER	330ml / 4,00 €	
ODISSEY ROSSA	330ml / 4,90 €	
MYLOS LAGER		500ml / 6,50 €
MYTHOS LAGER	330ml / 4,00 €	500ml / 5,00 €
GLUTEN FREE BEER	330ml / 4,90 €	

DRAFT BEER

BEER	SMALL / 3,90 €	MEDIUM / 5,00 €
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