ilios

GREEK STREET FOOD IN ROME

LACTOSE-FREE · VEGAN · ZEUS 250G · VEGETARIAN

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CHOOSE THE PITA MENU

PITA ❄ + FRIES + SAUCE + DRINK
(WATER, LOUX, PEPSI)

12,90 € ❄ CLASSIC PITA
❄ WHOLE WHEAT PITA + 2,00€
15,90 € WITH SMALL BEER
16,90 € WITH MEDIUM BEER

16,80 € GLUTEN FREE MENU
20,80 € WITH GLUTEN-FREE BEER

MEZEDES

		GLUTEN FREE
MOUSAKAS Eggplant, potato, beef ragù and béchamel bake	11,50 €	
PATATINE FRITTE FRESCHE served with Ilios sauce, salt and oregano	5,50 €	
DOLMADES 4PCS vine leaves stuffed with rice, served with tzatziki	7,50 €	
FETA served with Kalamata olives, oil and oregano	5,90 €	
KALAMATA GREEK OLIVES	4,90 €	
REVITHOKEFTEDES 4PCS chickpea croquettes, served with tzatziki	7,50 €	
KOLOKITHOKEFTEDES 4PCS zucchini & feta croquettes, served with tzatziki	7,50 €	
TIROKEFTEDES 4PCS feta croquettes, served with lemon	7,50 €	
MELITZANOKROKETES 4PCS eggplant & feta croquettes, served with tzatziki	7,50 €	
SANTORINI FAVA fava purée with red onion, lemon, olive; served with pita ❄	7,00 €	10,90 €
GREEK SALAD tomatoes, cucumber, peppers, onions, feta, Kalamata olives; served with pita ❄	8,90€	12,80€
SPANAKOTIROPITA 2PCS phyllo pastry ❄ with spinach and feta ❄	5,40€	

DISHES

		GLUTEN FREE
ZEUS 250G Pork gyros, tzatziki sauce, pita ❄ Greek salad (without feta) and chips	13,90 €	17,80 €
POSEIDONE 200G Pork souvlaki/skewers, tzatziki sauce, pita ❄, Greek salad (without feta), and chips	13,90 €	17,80 €
ATHINA 250G Chicken gyros, tzatziki sauce, pita ❄ Greek salad (without feta) and chips	13,90 €	17,80 €
APOLLO 200G Chicken souvlaki/skewers, tzatziki sauce, pita ❄, Greek salad (without feta) and chips	13,90 €	17,80 €
AFRODITE 250G Bifteki / beef burger, tzatziki sauce, pita ❄, Greek salad (without feta), and fries	13,90 €	17,80 €
ILIOS 300G Pork gyros, 1 chicken souvlaki, 1 beef bifteki/burger, tzatziki sauce, pita ❄, Greek salad (without feta), and chips	16,90 €	20,80 €
VEGAN DISHES 2 pcs dolmades + 2 pcs chickpea croquettes, melitzanosalata me piperies sauce, pita ❄ Greek salad (no feta) and fries	13,90 €	17,80 €

		GLUTEN FREE
KIDS DISH MENU MEAT + PITA + FRIES + DRINK Meat choice (pork/chicken/beef), pita ❄ and fries. Drink choice: water, Loux (orange/cola/lemonade), tea, ACE juice or Pepsi	10,90 €	14,80 €

BUILD YOUR PITA

STARTING FROM 6,90 €

❄ PITA	CLASSIC	WHOLE WHEAT + 2,00 €	GLUTEN FREE + 3,90 €
MEAT	PORK	PORK	BEEF
VEG	VEGETARIAN + 0,60 €	VEGAN + 0,60 €	
SAUCE	CHOOSE THE SAUCE YOU PREFER		
CONDI-MENT	TOMATO	FRIES	ONION
EXTRA	FETA + 1,30 €	BACON + 1,20 €	SPICY + 0,90 €
	HALLOUMI CHEESE + 2,90 €	DOUBLE PITA + 3,00 €	

PITE

GLUTEN FREE

KOS 6,90 € | 10,80 €
PORK GYROS 150G
tzatziki sauce, tomato, onion, fries, pork loin & bacon

HYDRA 6,90 € | 10,80 €
CHICKEN GYROS 150G
tzatziki sauce, tomato, onion, fries, chicken thigh

HIDRA MIX KOS 6,90 € | 10,80 €
CHICKEN GYROS + PORK GYROS 150G
tzatziki sauce, tomato, onion, fries, chicken thigh, pork loin & bacon

SANTORINI 6,90 € | 10,80 €
BIFTEKI / BEEF BURGER PATTY 130G
tzatziki sauce, tomato, onion, fries; seasoned beef with mint, onion & parsley

SANTORINI SPECIAL 11,50 € | 15,40 €
BIFTEKI / BEEF BURGER PATTY 130G
tzatziki sauce, tomato, caramelized onion with mustard, bacon, melted cheese; seasoned beef burger with mint, onion & parsley

CRETA SPECIAL 7,50 € | 11,40 €
tzatziki sauce, tomato, cucumber, onion, bell pepper & halloumi cheese

MILOS 7,50 € | 11,40 €
melitzanosalata me piperies sauce, tomato, onion, fries & chickpea croquettes

PITA FIT 8,00 € | 11,80 €
CHICKEN POLLO 150G
Greek yogurt, whole wheat pita, cucumber, tomato & chicken thigh

Our pita bread is frozen.

ADD AN EXTRA TO YOUR PITA

FETA + 1,30 € | BACON + 1,20 € | SPICY + 0,90 €
HALLOUMI CHEESE + 2,90 € | DOUBLE PITA + 3,00 €

SAUCES

GLUTEN FREE

4,50 €

TZATZIKI
greek yogurt, cucumber, garlic

SKORDALIA
potato purée, vinegar, garlic

TARAMOSALATA
cod roe, potato purée, oil, lemon

TIROKAFTERI
grated feta, Greek yogurt, fresh chili

MELITZANOSALATA ME PIPERIES
roasted eggplant & peppers

MELITZANOSALATA ME MAYO
roasted eggplant & mayonnaise

MENTA E ANETO
greek yogurt, mint, dill

PANTZAROSALATA
beetroot, Greek yogurt, garlic

RED MAYO
Greek yogurt sauce, sweet paprika, pickles & mayo

SALSA ILIOS
greek yogurt, mayo & mustard

GREEK YOGURT

ADD A PITA TO YOUR DIP

CLASSIC + 1,50 €
WHOLE WHEAT + 2,00 €
GLUTEN FREE + 3,90 €

DOLCI

6,50 €

BAKLAVA
phyllo pastry with walnuts, almonds & cinnamon

SOKOLATOPITA GLUTEN FREE
chocolate cake

KATAIFI
kataifi pastry with almonds, walnuts & cinnamon

YOGURT GLUTEN FREE
honey, walnuts & cinnamon

GALAKTOBOUREKO
phyllo pastry with semolina custard

COFFEE

COFFEE 1,20 € | FREDDO ESPRESSO 2,50 €

DRINKS

SOFT DRINKS

LOUX arancia, limone, cola, gazosa	330ml / 2,50 €	
PEPSI MAX	330ml / 2,50 €	
PEPSI	330ml / 2,50 €	1,5L / 3,90 €
WATER	500ml / 1,50 €	1L / 2,50 €
LEMON TEA		2,50 €
PEACH TEA		2,50 €
ACE JUICE		2,50 €

WINES

GREEK WINE	glass / 3,50 €	
RETSINA	glass / 3,50 €	500ml / 6,00 €

BEERS

EZA PILSNER	330ml / 4,00 €	
FIX LAGER	330ml / 4,00 €	
ODISSEY ROSSA	330ml / 4,90 €	
MYLOS LAGER		500ml / 6,50 €
MYTHOS LAGER	330ml / 4,00 €	500ml / 5,00 €
GLUTEN FREE BEER	330ml / 4,90 €	

DRAFT BEER

BEER SMALL / 3,90 € MEDIUM / 5,00 €